

LIFE SKILLS CURRICULUM MAP

| Pleasant Hill High School | | School Year: 2021-2022 | Teacher: Miss Wilson | |
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| | | Content | Skills | Assessment |
| 1st Quarter | August | Summer-Fairs | | Beginning of Year ULS Benchmarks |
| | September | Understanding Laws & Rights (Personal Life) | <ul style="list-style-type: none"> ● Advocating for self <ul style="list-style-type: none"> ○ Including legal rights ○ Asking Questions ○ Speaking up for yourself ● Telling time/Managing time ● Counting & Managing money ● Banking <ul style="list-style-type: none"> ○ Paying bills ○ Balancing checkbook ○ Read bank statements ○ Budgeting <ul style="list-style-type: none"> ■ Adding/Subtracting Money ● Cooking <ul style="list-style-type: none"> ○ Making lists ○ Determining what groceries are needed ○ Determining enough money ○ Tax ○ Food review ● Employment ● Safety ● Distinguishing between rights and responsibilities | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |
| | October | Nutrition: A Healthy Me (Daily Living) | <ul style="list-style-type: none"> ● Balanced nutrition and healthy food choices ● Telling time/Managing Time ● Counting & Managing money ● Banking <ul style="list-style-type: none"> ○ Paying bills ○ Balancing checkbook ○ Read bank statements ○ Budgeting | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |

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| | | | <ul style="list-style-type: none"> <ul style="list-style-type: none"> ■ Adding/Subtracting Money ● Cooking <ul style="list-style-type: none"> ○ Making lists ○ Determining what groceries are needed ○ Determining enough money ○ Tax ○ Food review ● Employment <ul style="list-style-type: none"> ○ Exploring Help Wanted Ads ○ Job Forms ● Safety ● Communication <ul style="list-style-type: none"> ○ Dealing with anger | |
| 2nd Quarter | November | Time to Travel (Daily Living) | <ul style="list-style-type: none"> ● How to travel <ul style="list-style-type: none"> ○ Planning ○ Packing ○ safety tips/traveling safely ○ Timebanking, cooking, employment ● Telling time/Managing time ● Counting/Managing Money ● Banking <ul style="list-style-type: none"> ○ Paying bills ○ Balancing a checkbook ○ Read a bank statement ○ Budgeting ● Cooking <ul style="list-style-type: none"> ○ Making lists ○ Determining what groceries are needed ○ Determining enough money ○ Tax ○ Food Review ● Distinguishing between rights and responsibilities ● Employment | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |

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| | | | <ul style="list-style-type: none"> ○ Exploring Help Wanted Ads ○ Job Forms ● Communication <ul style="list-style-type: none"> ○ Ending a conversation ● Employment <ul style="list-style-type: none"> ○ Interviews ○ Applications | |
| | December | Winter - What are Traditions? Winter Holidays and Activities (culture) | <ul style="list-style-type: none"> ● Winter Olympics/Sports, ● time, ● money, ● banking, ● cooking, ● Communication <ul style="list-style-type: none"> ○ Preparing answers to basic interview questions ● employment <ul style="list-style-type: none"> ○ Exploring Help Wanted Ads ○ Applications ○ ID skills needed for different jobs ● safety | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |
| | January | Safety Matters (Daily Living) | Importance of safety when working with appliances & household items, time, money, banking, cooking, employment, safety | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS Middle of Year ULS Benchmarks |
| 3rd Quarter | February | Respectful Relationships (Personal Life) | Close and casual relationships, time, money, banking, cooking, employment, safety | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |
| | March | Ouch, That Hurts! (Daily Living) | Basic first aid & ER procedures, time, money, banking, cooking, employment, safety | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |
| 4th Quarter | April | What to Do, What to Do (Personal Life) | Process to make good decisions in life, time, money, banking, cooking, employment, safety | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS |
| | May | Wash, Dry, Fold, Repeat (Daily Living) | Laundry care, time, money, banking, cooking, employment, safety | Monthly pre/post unit tests in daily living, life-long learning, & employability on ULS End of Year ULS Benchmarks |

