

**PLEASANT HILL WOLVES WEEKLY UPDATE**  
**WEEK OF SEPTEMBER 3<sup>RD</sup> – 6<sup>TH</sup>**

**DATES TO REMEMBER**

**SCHOOL IMPROVEMENT UPDATE!**

Each spring students, parents, and teachers take part in the 5 Essentials Survey. The results of the survey are released each summer and are used to guide the school improvement efforts in the next school year. The results show strengths in Student Responsibility, Human and Social Resources in the Community, and Classroom Disruptions. The survey showed that we need to improve our Collaborative Practices, Collective Responsibility, and Innovation/Academic Engagement. We will add a school improvement day in September and October to focus on these topics.

- **September 11 & October 9:** Regularly Scheduled School Improvement Days, Focus: Collaborative Practices & Innovation/Academic Engagement
- **September 18 & October 16:** Newly Scheduled School Improvement Days, Focus: Collective Responsibility

**Viruses are Spreading**

Each year we have a spike in sickness when the students return to school. We attribute this to everyone being indoors with classmates rather than outdoors or only with family as their bodies were accustomed to over the summer.

**When is my child too sick to attend school?**

- If they have had a fever in the past 24 hours.
  - Student must be fever free without the help of medication.
- If they have had vomiting or diarrhea in the past 24 hours.
- If they have a sore throat with either a rash or a fever along with it.
- If they have strep throat and have not been on antibiotics for at least 24 hours.
  - Student may return to school after taking an antibiotic for 24 hours.
- If they have a bad cold with a very runny nose or bad cough, especially if the cold/cough has kept the child awake at night.
  - A child with a very deep cough that won't go away needs to see the doctor.

Sept. 2-Labor Day; No School

Sept. 11-School Improvement Day; 1:30 Dismissal

Sept. 11-Regular School Board Meeting; 6:00

\*NEW\* Sept. 18 - School Improvement Day; 1:30 Dismissal

Sept. 18 – Preschool Family Night

October 9 – School Improvement Day; 1:30 Dismissal

October 14 – Columbus Day; No School

October 16 – School Improvement Day; 1:30 Dismissal

Full Menu Available at [www.phwolves.com](http://www.phwolves.com)

September					
M	Tu	W	Th	F	
2	3	4	5	6	
No School Labor Day	<b>Breakfast:</b> cereal, fruit, juice & milk	<b>Breakfast:</b> cinnamon roll, fruit, juice & milk	<b>Breakfast:</b> oatmeal bar, fruit, juice & milk	<b>Breakfast:</b> pancakes, fruit, juice & milk	
	<b>Lunch:</b> spaghetti, green beans, fruit & milk	<b>Lunch:</b> chicken nuggets, salad, fruit & milk	<b>Lunch:</b> turkey taco, corn, fruit & milk	<b>Lunch:</b> pizza, carrots, fruit & milk	